



## Breakfast

<b>Oatmeal</b> served with cinnamon maple syrup and berry compote	10
<b>Continental Plate</b> Greek yogurt, house granola, seasonal fruit, served with toast or daily muffin	11
<b>Black Rock Breakfast</b> 2 eggs, bacon or english banger or ham, house hash, toast	14
<b>Brioche French Toast</b> House made brioche, berry compote or maple caramelized banana, topped with vanilla maple crème fraiche, seasonal fruit	14
<b>Johnny Cakes</b> Buttermilk pancakes, berry compote or maple caramelized banana, topped with vanilla maple crème fraiche, seasonal fruit	14
<b>Eggs Benny</b> Traditional – ham or bacon	15
Florentine – grilled tomato, avocado, spinach	15
West Coast – smoked salmon, prawns, fried capers	16
<b>Croque Madame</b> Roasted ham & cheddar cheese sourdough sandwich, fried egg, cave aged gruyere, cheese sauce, house hash	16
<b>Omelet Du Jour</b> 3 egg omelet, house hash, toast	16
<b>Big Seaside</b> 3 eggs, english banger, bacon, pancakes, house hash, toast, fruit cup	22
<b>Steak and Eggs</b> 6 oz striploin, 2 eggs, house hash, toast	24

## Sides

extra egg	1.5	fruit salad	5
toast or english muffin	2	granola fruit parfait	5
bacon, sausage, or ham	3	oatmeal	5
yogurt	3	side pancake	5
house hash	4	side striploin	12