



## SOUPS & GREENS

add to any salad 5oz chicken \$6 | 4oz salmon \$9 | 6oz sirloin \*\* \$15

**MARKET SOUP** - sm \$9 | lg \$14 ( large served with warm bread )  
daily inspiration

**MISO CLAM CHOWDER** - sm \$9 | lg \$14 ( large served with warm bread )  
Qualicum clam | smoked fish | Island cream | local potato |  
Fraser Valley bacon | nori | ssamjang | parsley oil

**GREENS** - ( VE, GS ) sm \$9 | lg \$13 Nanoose Bay, B.C.  
Island grown greens | cucumber | tomato | watermelon radish |  
carrot | balsamic vinaigrette

**BURRATA** - ( V, GS ) \$16  
Island beefsteak tomato | aged balsamic | meyer lemon | arugula

**CAESAR** - ( \*V, \*GS ) sm \$11 | lg \$15  
romaine hearts | herb crouton | grana padano | smoked bacon

**QUINOA SALAD** - ( VE, GS ) sm \$11 | lg \$15 Saskatoon, SK  
organic quinoa | Nanoose greens | orange sesame vinaigrette |  
almond | sundried cranberries | tomato | cucumber | feta

## HANDHELD

served with duck fat french fries, daily soup, or small green salad, sub caesar add \$1.00 (GF bread available for \$3)

**BLACK ROCK BURGER** - ( \*GS ) \$24 Mayerthorpe, AB (sub chicken add \$2, sub salmon add \$6, add egg \$3)  
6oz patty | lettuce | hot house tomato | Island grown red onion | bacon | aged cheddar | mayo | brioche bun

**BLACK BEAN VEGGIE BURGER** - ( V, \*GS ) \$20  
house made black bean burger | salsa | jalapeno | greens | aged cheddar | onion | tomato | brioche bun

**STEAK SANDWICH** - \*\* ( \*GS ) \$24 Mayerthorpe, AB  
6oz sirloin | petite baguette | cave aged gruyere cheese | mushroom | caramelized onion | smoked tomato aioli | arugula

**CROATIAN CEVAPI** - \$22 Black Creek, B.C.  
balkan style pork & beef sausage | cucumber dill sour cream | ajvar | onions | flatbread | feta

**PRIME RIB DIP** - \*\* ( \*GS ) \$24 Mayerthorpe, AB  
slow roast prime rib | caramelized onions | horseradish aioli | arugula | herb jus | baguette

## MAIN

**FISH & CHIP** - ( \*P ) \$24 Vancouver Island, B.C.  
Pacific cod | duck fat kennebec fries | malt glaze | caper mayo | greens

**TOMATO QUICHE** - ( V ) \$24  
Island free run egg & corn custard | tomato confit | torn basil |  
balsamic | organic greens | burrata

**STEAK FRITES** - \*\* ( GS ) \$28 Mayerthorpe, AB  
6oz prime sirloin | duck fat kennebec fries | seasonal vegetable |  
cognac peppercorn sauce

**TUNA "NICOISE"** - \*\* ( P, GS ) \$36 Vancouver Island, B.C.  
albacore tuna | pole beans | Island lettuce | hard egg | radish |  
| tri colour new potato | whole grain Dijon vinaigrette

**CHANA MASALA** - ( VE, \*GS ) \$24 ( add 5oz chicken \$6 | 4oz salmon \$9 | \*\*6oz sirloin \$15 )  
organic Canadian chick pea curry | Island vegetables | coconut | basmati rice | flatbread

**PAPPARDELLE** - ( \*V, \*VE ) \$22  
bacon lardon | romesco | arugula | parmesan

## SNACKS

**PRAWN "COCKTAIL"** - ( P, \*GS ) \$12 Elgin, MN  
kaffir lime poached shrimp | wasabi cocktail sauce | wakame

**SALT SPRING ISLAND MUSSELS** - \*\* ( P, \*GS ) \$18  
charred scallion | hoyne dark matter beer

**TUNA POKE** - \*\* ( P ) \$18 Vancouver Island, B.C.  
yuzu | wakame | aioli | onion | soy | crostini

**QUALICUM CLAM** - \*\* ( P, GS ) \$18 Qualicum Bay, B.C.  
smoked tomato | parsley | white wine

**FLATBREAD** - ( V ) \$18  
Island grown tomato | organic garlic | basil | frantoi cutrera  
olive oil | arugula | burrata cheese

**YUNNAN PORK SPARE RIBS** - \$16 Black Creek, B.C.  
Chinese black vinegar bbq sauce | scallion

## DINING LEGEND

V = vegetarian ( lacto-ovo)  
VE = vegan ( no animal products )  
P = pescatarian ( seafood & fish products )  
GS = gluten-smart ( menu item does not contain gluten )  
MP = market price  
\* = can be prepared  
\*\* = consumption of raw or undercooked foods can lead to food borne illness, especially in those with medical conditions.

Please inform your server of any dietary restrictions  
Many items can be prepared gluten smart, menu item  
does not contain gluten but our kitchen is not gluten free

 OCEAN WISE. ALL SEAFOOD ITEMS ARE A SUSTAINABLE CHOICE.

Large groups ( 8 or more ) may be subject to 18% gratuity charge